

TRUE COLORS PERSONALITY ASSESSMENT

Exercise: True Colors Personality Assessment

In the boxes on the following page are groups of word clusters printed horizontally in rows.

- In each box, look at the words under each letter to get a sense of each one.
- Score each of the letters in each row from most to least as it describes you, with 4 = most, 3 = a lot, 2 = somewhat, 1 = least.
- For each box, you will end up with four letter choices, ranked from "4" (most like you) to "1" (least like you).
- In the last box, add up your numbers for each letter, and put the total scores for those particular letters in the corresponding area.
- Be prepared to discuss your results with your instructor and the class

1.

A _____	B _____	C _____	D _____
active	parental	authentic	versatile
opportunistic	traditional	harmonious	inventive
spontaneous	responsible	compassionate	competent

2.

E _____	F _____	G _____	H _____
curious	unique	practical	competitive
conceptual	empathetic	sensible	impetuous
knowledgeable	communicative	dependable	impactful

3.

I _____	J _____	K _____	L _____
loyal	devoted	realistic	theoretical
conservative	warm	open-minded	seeking
organized	poetic	adventuresome	ingenious

4.

M _____	N _____	O _____	P _____
concerned	daring	tender	determined
procedural	impulsive	inspirational	complex
cooperative	fun	dramatic	composed

5.

Q _____	R _____	S _____	T _____
philosophical	vivacious	exciting	orderly
principled	affectionate	courageous	conventional
rational	sympathetic	skillful	caring

A, H, K, N, S _____ = _____

B, G, I, M, T _____ = _____

C, F, J, O, R _____ = _____

D, E, L, P, Q _____ = _____